

ILLINOIS VALLEY
WHEELM'N

September 20, 2008



ILLINOIS VALLEY WHEELM'N
6518 NORTH SHERIDAN RD. STE 2
Peoria, IL 61614-2933

**NO BALONEY
BICYCLE RIDE**

(25, 50, 75 or 100 miles)
Jubilee College Historical Site

Bulk Rate
U.S. Postage
PAID
Permit No. 310
Peoria, IL 61601

What is the No Baloney Ride?

Winner of the BEST BIKING IN AMERICA award from the League of American Bicyclists in the following categories:

Best Country Tour

Best Food

The No Baloney Ride is an annual one-day 25, 50, 75, or 100-mile bicycle tour sponsored by the Illinois Valley Wheelm'n in Peoria, IL. It's a recreational and social tour through the rolling hills and plains of central Illinois. The No Baloney Ride is not a race and is intended that all participants ride in a safe and intelligent manner. And that's no baloney.

The first ride took place more than 30 years ago and has had many names. It started out as the Pedal-In. Some of the other names have been Biking with the Bison, Gear down the Geese and Pedal 'Round Peoria Town. It's always been a great ride and we hope you'll enjoy it.

To emphasize that we have the best and most plentiful food on any ride in the area, we changed the name to the No Baloney Ride. Each food stop has a theme. In the past, we had a French café, Italian, and Western food stops. We don't know what we'll have yet this year, but you can bet we'll have plenty of great homemade snacks and delicacies.

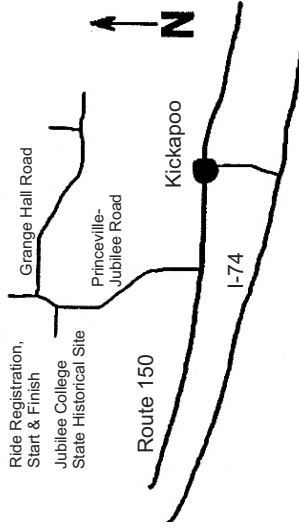
Registration:

Our minimum registration fee is \$15 if received before September 10, 2008. After that date, please add a \$5 late fee. We also have a family rate of \$40 with a \$5 late fee. (A parent must accompany any child under the age of 16). Children under the age of 13 are free.

Date: Saturday, Sept. 20, 2008

Location:

The tour starts from Jubilee College State Historic Site that is located about 10 miles west of Peoria. From Peoria: west on I-74, north (right) at Kickapoo & Edwards exit, west (left) on Rt. 150, then north (right) on Princeville-Jubilee Road. Watch for the Jubilee College sign. (See the map)



Times:

Registration will start at 6:30 a.m. and will remain open until 10:00 a.m. All riders on the 75 & 100-mile ride must be on their routes by 8:00 a.m. please. Sag service will be provided on all routes until 4:00 p.m. Riders still out at 4:00 p.m. will be offered rides back to the park. The park closes at 5:00 p.m.

Routes:

We offer Midwest bicycling at its best, with at least four routes from which to choose. Experience the bicycle friendly atmosphere of central Illinois by riding our 25, 50, 75 or 100-mile routes. Is this the year you finally do a century? This is a great ride on which to DO IT and that's no baloney. Each rider will receive a map of their selected route and will also find that all routes are well marked with arrows color-coordinated to the map. Each 25-mile loop will include at least one food stop and pass through some unique small towns.

Lodging:

Peoria and the surrounding communities have many excellent hotels and motels. Contact the Peoria Convention and Visitors Bureau at 1-800-747-0302 or www.Peoria.org. Camping is also available at Jubilee College State Park, which is adjacent to the Historic Site. They can accommodate RVs & tent campers and offer a shower building with flush toilets, trailer dump station, graveled pads, grills and water hydrants. For more information, call (309) 446-3758 or <http://www.dnr.state.il.us/lands/landmgt/parks/R1/JUBILEE.HTM>

T-Shirts:

Looking for the unique? You'll want a genuine long sleeve No Baloney technical fabric shirt. Each one is brightly colored and only \$25. Order yours before September 10 to guarantee availability.

Non-Riders:

There are plenty of activities for non-riders. Explore Jubilee College and Park with its many hiking trails. There's also:

- Rock Island Trail
 - Forest Park Nature Center
 - Wildlife Prairie State Park
 - Lakeview Museum & Planetarium
- Contact the Peoria Convention and Visitors Bureau at 1-800-747-0302

For more information:

Contact Kathy John at runners2@npoint.net or (309) 243-9191 or check out the No Baloney website at www.iwvno baloney.org. Sign up online through www.active.com

Fine print:

Sorry, no refunds on registration fees. A limited number of technical shirts may be available on the day of the tour, but don't count on it. Late fees will be collected for walk-ins and registrations postmarked after September 10, 2008. Bikes and riders should be in good condition before starting the ride. Mechanics will be available to do minor repairs in the park. Helmets are required for all riders.

Disclaimer: In signing this form for myself and all minor named participants, I understand and agree to absolve all sponsoring organizations, singly and collectively, of all blame for any injury, misadventure, harm, loss or inconvenience as a result of participating in the No Baloney Ride, or any of the activities associated with said event. (Signatures are required of all adults, and parents or guardians of all minors on this registration form.)

Adults \$15 before Sept 10 -or- \$20 each late registration
 Family Rate \$40 before Sept. 10 -or- \$45 late registration
 Technical Shirts \$25
 XS S M L XL XXL

TOTAL \$ _____

(make checks to Illinois Valley Wheelm'n)

Send to: Illinois Valley Wheelm'n
 C/O No Baloney Ride
 6518 North Sheridan, Suite. 2
 Peoria, IL 61614-2933

Name #1 _____
 Signature _____
 Address _____
 City, ST, Zip _____
 Phone _____
 E-mail _____
 Name #2 _____
 Signature _____
 Minor Children Under 13 - No Fee _____