



Germantown Hills Fire-Rescue Challenge 5K (3.1 mile) Run & Walk

- When:** Saturday, October 25, 2008
Time: Registration at 6:30 am
Race starts at 7:30 am
- Where:** Germantown Hills Fire Dept
- Who:** Any One!!
- What:** Race, Run, Jog or Walk
- Why:** To support Germantown Hills Volunteer Fire Rescue
- Awards:** Handsome medals given to top three individuals in each category
Travel trophy awarded to top department in Fire-Rescue Challenge
- Entry Fee:** \$10 if registered by Oct 10th. \$15 after October 10th
- Shirt:** Race Shirt can be order for \$8.00 until October 10th.
- Register:** Registration form available at Germantown Hills Fire Department
and on line at <http://ivs.org/> click on the race calendar



Individual Categories:

Boys 14 & under	Men 30 to 39	Girls 14 & under	Women 19 to 29
Boys 15 to 18	Men 40 to 49	Girls 15 to 18	Women 30 to 39
Men 19 to 29	Men 50 to 59		Women 40 to 49
	Men 60 & Over		Women 50 & Over



Fire Rescue Challenge:

- Team of at least 4 racers from same fire rescue department together
- Times from 4 fastest team members summed for team time
- Fire rescue department with lowest team time wins traveling trophy