

REGISTRATION FORM (Photocopies are acceptable.)
Please print clearly



Last Name	First Name	M/F	Age (as of 9/6/09)	
Address		City	State	Zip
Phone Number		Email Address		

PLEASE CHECK ONE

- ★ **5K**
- ★ **Walk-n-Talk**
- ★ **Fun Run**
- ★ **Non-Runner**

IMPORTANT:

- ★ Each participant must fill out a registration form
- ★ Each form requires a signature to be eligible to participate.

Waiver

I understand that my consent to these provisions is given in consideration of the acceptance of this registration and for being permitted to participate in the 2009 Suzi Russell Memorial Run. I am a voluntary participant and in good physical condition. I know that this event is a potentially hazardous activity, and I hereby assume full and complete responsibility for any injury or accident which may occur during my participation or while on the premises of this event, and I hereby release and hold harmless and covenant not to file suit against the Suzi Russell Memorial Run or any sponsors or other persons associated with this event. I give my full permission to the Suzi Russell Memorial Run to use my photographs, videotapes, audiotapes or other recordings of me that are made during the event. I understand that this Waiver is authentic and admissible as evidence in any future dispute or proceeding.

X

Participant Signature **REQUIRED**
Parent/Guardian Signature if under 18

**T-SHIRT SIZE
PLEASE CHECK ONE**

Sizes guaranteed through Saturday, August 22

- ★ Youth
- ★ Adult Small
- ★ Adult Medium
- ★ Adult Large
- ★ Adult XL
- ★ Adult XXL

Entry Fees

Walker/Runner \$25 \$ _____

Kid's Fun Run \$15 \$ _____

Non-Runner \$10 \$ _____
Kids 12 & under are free

Additional Donation \$ _____
(Tax Deductible)

★ **TOTAL AMOUNT** \$ _____

All entry fees include admission to the Post Race Party (food, drinks, music). \$15 and \$25 entry fees also include a T-shirt.

**Please make checks payable to:
Suzi Russell Memorial Run**

Proceeds will benefit American Cancer Society

5K

This is an official Illinois Valley Strider race.

Half Mile Walk-n-Talk

This "race" is another way to remember Suzi. This is the course in which Suzi would have participated...a short course, talking with friends.

Kid's Fun Run

This race honors kids. Suzi taught and loved kids so much. Each child who participates will receive an award and a T-shirt. The race is the length of a soccer field.

Non-Runner

A \$10 donation is requested. Includes admission to the Post Race Party. No T-shirt will be provided to Non-Runners.

Packet Pick-up

Saturday, September 5, 2009
Noon-3:00 p.m.
Hickory Grove Park
12503 Hickory Grove Road
Dunlap, IL

This event will be held rain or shine. We reserve the right to cancel due to extreme weather conditions. In an event such as that, there will be no refunds.