

Rock River Striders  
P.O. Box 4271  
Rock Island, IL 61201

January 5, 2010

Dear Runners & Walkers;

Over the years Rock River Striders has committed itself to providing quality events to the running community. Some of the premier racing events produced by the Rock River Striders are the JUNE BUG JOG and the REINDEER RAMBLE.

We are writing to you today to tell you about a great event to be held at the Quad Cities Botanical Center on Saturday, February 20, 2010. The Rock River Striders has arranged to bring BART YASSO to the cities to give his slide presentation entitled, "Never Limit Where Running Can Take You." Most runners are familiar with Bart Yasso as the Chief Running Officer of Runner's World magazine, and author of the best selling book, "My Life on the Run".

Please take a look at the enclosed bio of BART YASSO and make your reservation today. This evening with BART YASSO has a very limited number of tickets. We are providing a three entrée buffet complete with dessert along with Bart's program. There also is a cash bar. The cost per person is only \$29.00 for this entertaining evening.

You will be able to hear great stories about running and racing on all seven continents, many very funny but also with a great message to all of us that pound the pavements for so many good causes throughout the year. Bart will be available to mingle before and after his presentation so this is your chance to meet a running legend.

To insure you will be able to attend this limited space event, send your check today to Rock River Striders, PO Box 4271, Rock Island, IL 61201. Don't delay, we will mail your tickets back to you via return mail.